

INFORMATION FOR PATIENTS & CARERS

UNDERSTANDING DYSPHAGIA

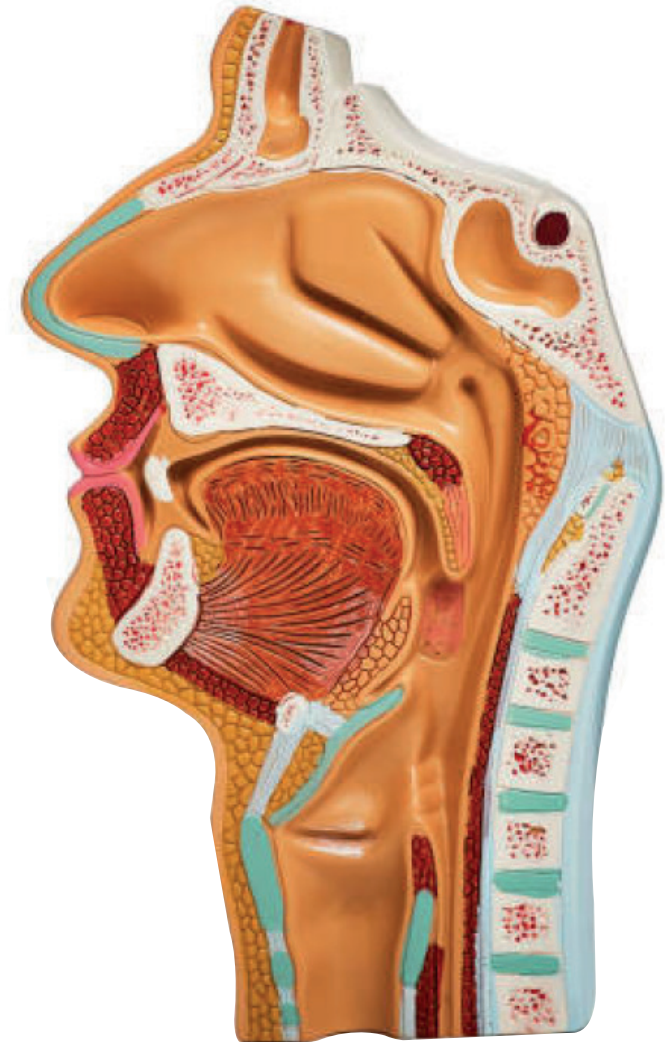
Your doctor has diagnosed you or someone you care for as having dysphagia. Dysphagia is the medical term for difficulty in swallowing.

Dysphagia is often due to a problem in the gullet (oesophagus) or less commonly, a problem at the back of the mouth and is usually caused by an underlying health condition. Dysphagia can come and go, be mild or severe or get worse over time, but in most cases, it can be managed with professional help and knowing more about it may assist in coping with it day-to-day.

Easy-to-understand information for patients and carers about the causes and treatment of swallowing difficulties, together with helpful links to other resources can be found at:



www.liquidmedicine.co.uk



WHAT IS
DYSPHAGIA?



WHAT ARE
THE SYMPTOMS?



WHAT CAUSES IT AND
WHO IS AFFECTED?



HOW IS IT
DIAGNOSED?



HOW IS IT
TREATED?



WHAT ABOUT
TAKING MEDICINES?



WHAT LIFESTYLE
CHANGES WILL HELP?



OTHER
RESOURCES



DYSPHAGIA
FACTS



GLOSSARY